



WHOLE BABY OCTOPUS

MF CODE: 6682 | 10 x 1 KG | 10 KG | 40/60 PER KG
MF CODE: 6692 | 20 x 500 G | 10 KG | 40/60 PER KG





Whole Baby Octopus

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MF CODE: 6692 | 20 x 500 G | 10 KG | 40/60 PER KG

- * Excellent texture and flavour
- * Portion controlled
- * Cost effective
- * Can be sauteed, grilled, stir fried
- * Ideal for a variety of dishes
- * Healthy



Product Information

Code	Inner Barcode	Outer Barcode	Inner Dimensions	Outer Dimensions
6682	9414169668215	19414169668212	250 / 50 / 360	430 / 330 / 205
6692	9414169669212	19414169669219	205 / 30 / 280	430 / 330 / 205

Nutrition Information

Servings per packet: 10
Serving size: 100 g

	Avg Qty per serving	Avg Qty per 100g
Energy	157 kJ	157 kJ
Protein	7.7 g	7.7 g
Fat, Total	0.7 g	0.7 g
Saturated	0.3 g	0.3 g
Carbohydrate	1.5 g	1.5 g
Sugars	0.1 g	0.1 g
Sodium	440 mg	440 mg

Ingredients: Octopus (**Mollusc**), Salt and Water.

Contains: Mollusc

Country of Origin: Vietnam

COOKING INSTRUCTIONS

Storage: Keep frozen at or below -18°C
Frozen Shelf Life: 24 Months from production.

