



# SEAFOOD MARINARA MIX

MF CODE: 6710 | 10 x 1 KG | 10 KG

MF CODE: 6713 | 20 x 300 G | 6 KG





## Seafood Marinara Mix

MF CODE: 6710 | 10 x 1 KG | 10 KG  
MF CODE: 6713 | 20 x 300 G | 6 KG

- \* Mix of squid, mussel, clam and prawn
- \* Low in fat
- \* Versatile
- \* Ideal for Seafood Chowder
- \* Great for pasta and pizza
- \* Cost effective



### Product Information

Code	Inner Barcode	Outer Barcode	Inner Dimensions	Outer Dimensions
6710	9414169671017	19414169671014	250 / 350 / 50	400 / 300 / 270
6713	9414169671314	19414169671311	180 / 250 / 30	400 / 300 / 190

### Nutrition Information

Servings per packet: 5  
Serving size: 200 g

	Avg Qty per serving	Avg Qty per 100g
Energy	486 kJ	243 kJ
Protein	22.8 g	11.4 g
Fat, Total	1.2 g	0.6 g
Saturated	0.2 g	0.1 g
Carbohydrate	3.2 g	1.6 g
Sugars	2.8 g	1.4 g
Sodium	418 mg	209 mg

**Ingredients:** Squid Rings [Squid, Water, Mineral Salt (451)], Mussel Meat, baby Clam Meat, Prawns [Prawn, Water, Salt, Mineral Salt (451)], Squid Tentacles [Squid, Water, Mineral Salt (451)].

**Contains: Fish (Squid, Shellfish) & Crustacea (Prawn).**

Country of Origin: China/Thailand

### COOKING INSTRUCTIONS



**Storage:** Keep frozen at or below -18°C  
**Frozen Shelf Life:** 24 Months from production.

