

Crumbed Squid Rings

Formed

MF CODE: 6845 | 10 x 500 g | APPROX. 16 pcs
MF CODE: 6846 | 5 x 1 kg | APPROX. 35 pcs





Crumbed Squid Rings

- * Quality crispy crumb
- * No added MSG
- * Quick & easy to cook
- * Oven ready



Product Information

| Code | Product | No. Pieces | Pack Size |
|------|---------------------|----------------|------------|
| 6845 | Crumbed Squid Rings | Approx. 16 pcs | 10 x 500 g |
| 6846 | Crumbed Squid Rings | Approx. 35 pcs | 5 x 1 kg |

| Code | Inner Barcode | Outer Barcode | Inner Dimensions (HxLxW) | Outer Dimensions (HxLxW) |
|------|---------------|----------------|--------------------------|--------------------------|
| 3731 | 9414169373119 | 19414169373116 | 260 / 165 / 65 | 350 / 270 / 350 |
| 3751 | 9414169375113 | 19414169375110 | 225 / 117 / 41 | 248 / 235 / 217 |

Nutrition Information

Serving per packet: 10
Serving size: 100 g

| | Avg Qty per serving | Avg Qty per 100g |
|--------------|---------------------|------------------|
| Energy | 913 kJ | 913 kJ |
| Protein | 8.9 g | 8.9 g |
| Fat -Total | 10.6 g | 10.6 g |
| -Saturated | 2.7 g | 2.7 g |
| Carbohydrate | 21.2 g | 21.2 g |
| Sugars | 1.2 g | 1.2 g |
| Sodium | 503 mg | 503 mg |

Ingredients: Squid (Minced, 50%), **Wheat** Flour, Water, **Soybean** Oil, **Soy** Flour, Thickeners (1420), Salt, Sugar, Vegetable Gums (412, 415), Spices, Raising Agent (450, 500), Yeast, **Soy** Protein, Flavour Enhancer (621, 631), Yeast Extract.

Contains: Shellfish (squid), gluten (wheat) and soy.

Cooking Instructions - COOK FROM FROZEN

OVEN BAKE | TEMP. **220 °C** | TIME **10-14 MINS**

- Flip products halfway through cooking

PAN FRY | TEMP. **MED** | TIME **2-3 MINS**

DEEP FRY | TEMP. **180 °C** | TIME **2-3 MINS**

Storage: Keep frozen at or below -18°C
Frozen Shelf Life: 24 Months from production

Product of China

